

# Analysis of Environmental Chemical Mixtures using Weighted Quantile Sum (WQS) Regression

**Chris Gennings, PhD**

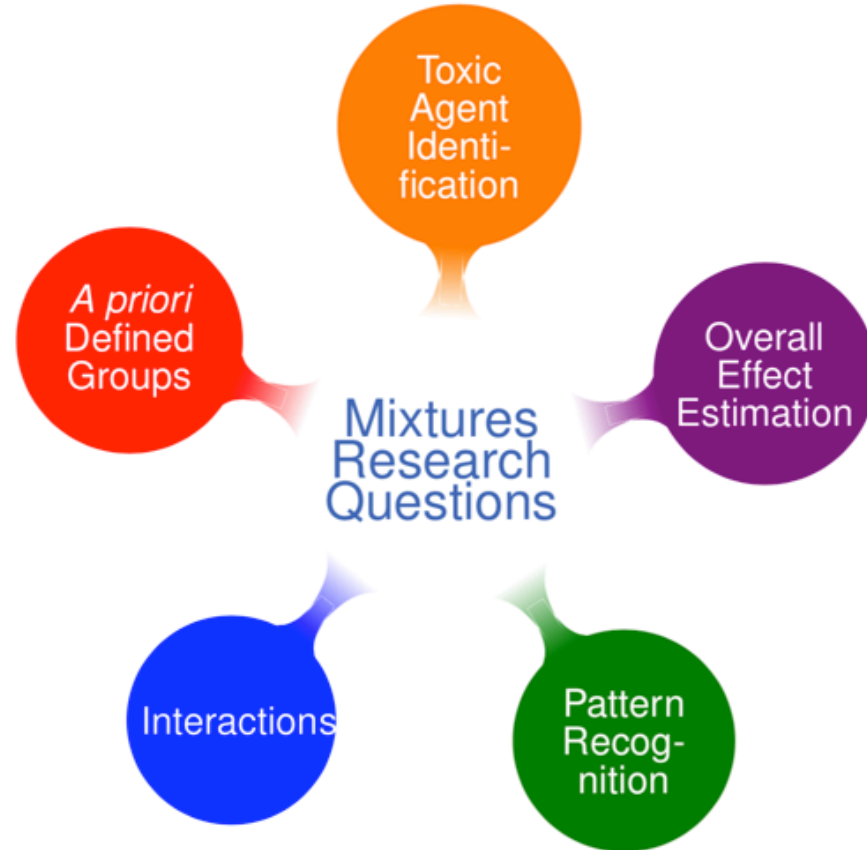
Environmental Medicine and Public Health  
Icahn School of Medicine at Mount Sinai  
New York, NY USA

CHE Webinar 2020 Workshop  
May 20, 2020

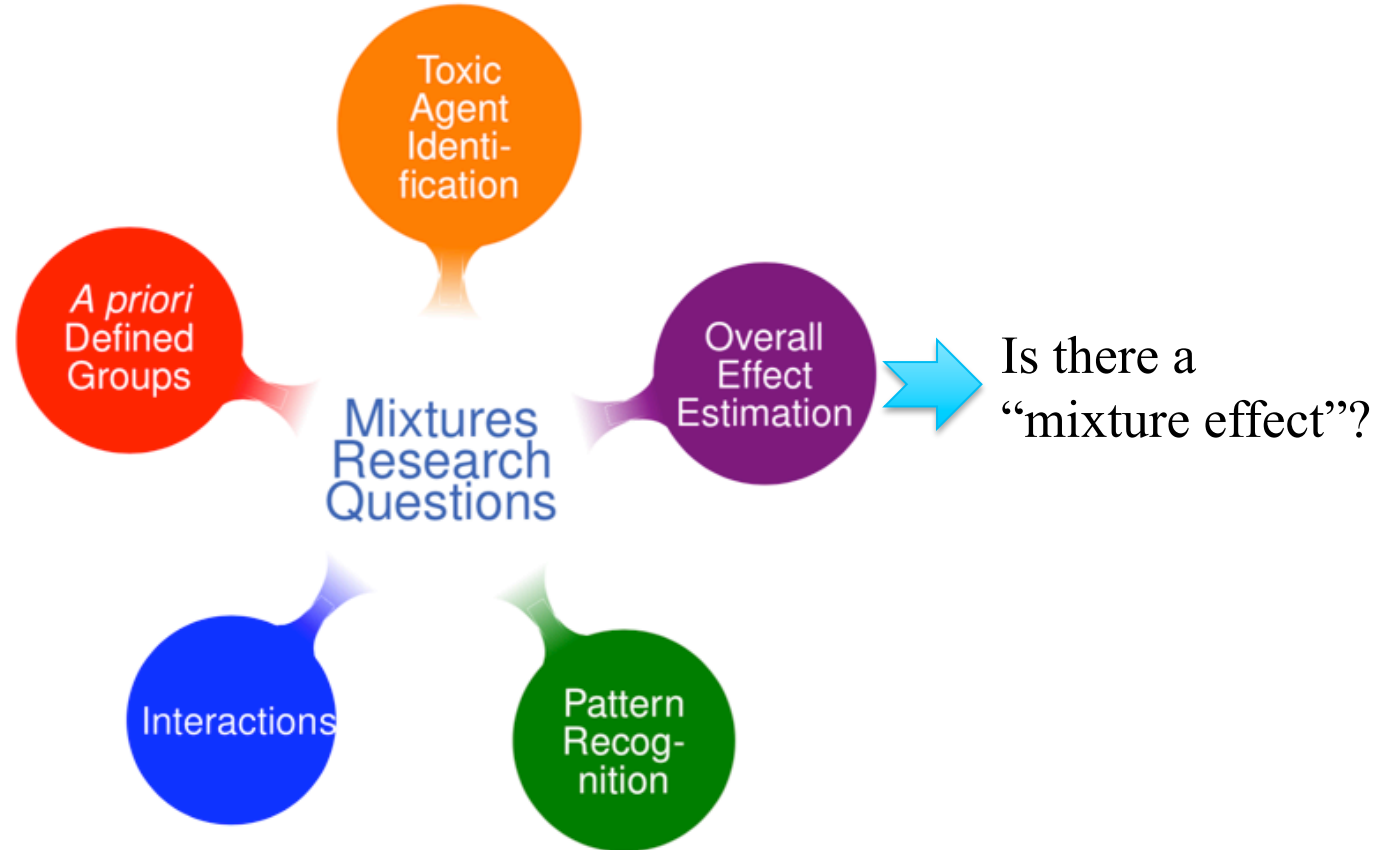


**Mount  
Sinai**

# Important research questions for environmental mixtures



# Important research questions for environmental mixtures



# What is a “mixture effect”?

- ▶ Relevant environmental exposures may result in the phenomenon of ...  
“**something from nothing**” (Silva, Rajapakse, Kortenkamp (2002) Env Sci Tech)
  - Individual components may be at exposures well below an effect level
  - Joint action of the components produce significant effects
  - Ignoring joint action of compounds may lead to significant underestimation of risk
- ▶ How do we measure the mixture effect?
  - **WQS regression**\* measures the mixture effect using an empirically-weighted index of quantiles of components under the assumption of additivity
    - The index is a 1<sup>st</sup> degree approximation in the presence of interaction

\* Carrico et al 2014, JABES

# Weighted Quantile Sum (WQS) regression for identifying mixtures of exposures linked to health effects

Training Data  
(40%)

$$g(\mu) = \beta_0 + \beta_1 \sum_{j=1}^c w_j q_j + \sum_{k=1} \gamma_k z_{ik}$$

Final WQS index is a weighted average across the ensemble step samples using a 'signal function'

$$WQS = \sum_{j=1}^c \bar{w}_j q_j$$

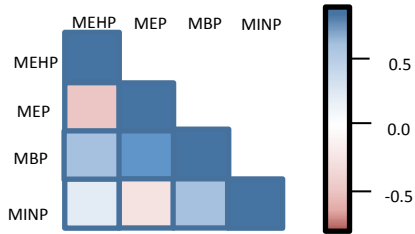
Ensemble  
Step

$$\bar{w}_j = \frac{1}{B} \sum_{b=1}^B w_{j(b)} f(\hat{\beta}_{1(b)})$$

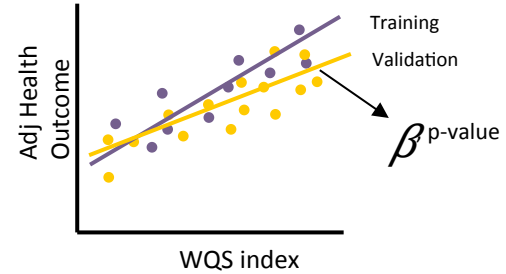
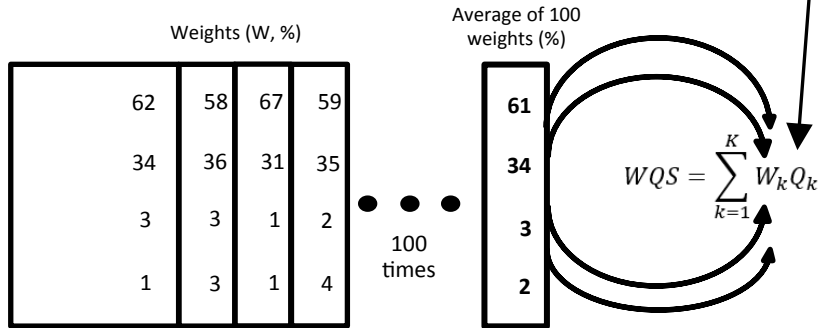
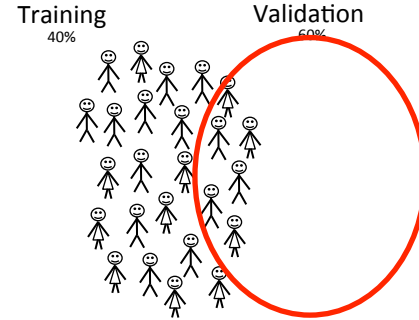
Validation Data  
(60%)

$$g(\mu) = \beta_0 + \beta_1 WQS + \sum_{k=1} \gamma_k z_{ik}$$

# Weighted Quantile Sum (WQS) Regression



Subject ID	Concentration of MEHP (ng/ml)	Rank (Q) of MEHP
1	3.4	4
2	1.2	2
3	10.3	9



# WQS regression: Ensemble step

- ▶ Bootstrap samples of *observations*
  - Why?
  - How many samples?
  - Distribution of weights
- ▶ Random subset of *components*
  - Subsets of size, say,  $\sqrt{c}$  for  $c$  components
  - 1000 random subsets
  - Average across full set
  - Works when  $c > N$



**Two Strategies**

## Analysis of environmental chemical mixtures and NHL risk in the NCI-SEER NHL Study (Czarnota et al, EHP 2015)

- ▶ Population based case-control study of NHL in four NCI-SEER centers: Detroit, Iowa, LA, Seattle
- ▶ Study design described in Colt et al 2004
  - Eligible Cases:
    - 20-74 yrs old; diagnosed with a first primary NHL between 1998-2000; N=1321
    - 2248 potentially eligible: 14% died before interview; 6% not located; 1% moved; 3% refused
    - 1728 remaining cases – 1321 (76%) participated
  - Controls:
    - >64 yrs old were selected from Medicare files; <65 yrs old were selected with random digit dialing
    - Frequency matched to cases by sex, age, race and study site
    - 2409 potentially eligible 2046 were located and contacted; 1057 (52%) participated
- ▶ 27 chemicals measured in house dust (from vacuum cleaners and where > half of their rugs were owned for more than 5 years)
  - 5 PCBs; 7 PAHs; 15 pesticides
- ▶ N=1180 subjects with complete dust analysis results and covariate values (43% controls; 57% cases)
- ▶ Covariates: sex, age at diagnosis (cases) or selection date (controls); race (White vs Not white); education level (<12, 12-15, >=16 yrs); and study site in overall model



## 27 chemicals and NHL risk (continued)

**Table 1.** Characteristics of the study population overall and by study site [*n* (%)].

Characteristic	All sites ( <i>n</i> = 1,180)	Detroit ( <i>n</i> = 202)	Iowa ( <i>n</i> = 340)	Los Angeles ( <i>n</i> = 292)	Seattle ( <i>n</i> = 346)
Case status					
Control	508 (43)	75 (37)	147 (43)	125 (43)	161 (47)
Case	672 (57)	127 (63)	193 (57)	167 (57)	185 (53)
Age <sup>a</sup> (years)	60 ± 11.2	58 ± 11.3	61 ± 11.4	60 ± 11.2	59 ± 10.8
Sex					
Male	631 (54)	114 (56)	181 (53)	163 (56)	173 (50)
Female	549 (47)	88 (44)	159 (47)	129 (44)	173 (50)
Race					
White	1,033 (88)	164 (81)	336 (99)	213 (73)	320 (92)
Non-white	147 (12)	38 (19)	4 (1)	79 (27)	26 (8)
Education					
< 12 years	106 (9)	24 (12)	33 (10)	30 (10)	19 (5)
12–15 years	741 (63)	123 (61)	244 (72)	171 (59)	203 (59)
≥ 16 years	333 (28)	55 (27)	63 (19)	91 (31)	124 (36)

<sup>a</sup>Continuous variable summarized using mean ± SD.

## 27 chemicals and NHL risk (continued)

### WQS regression:

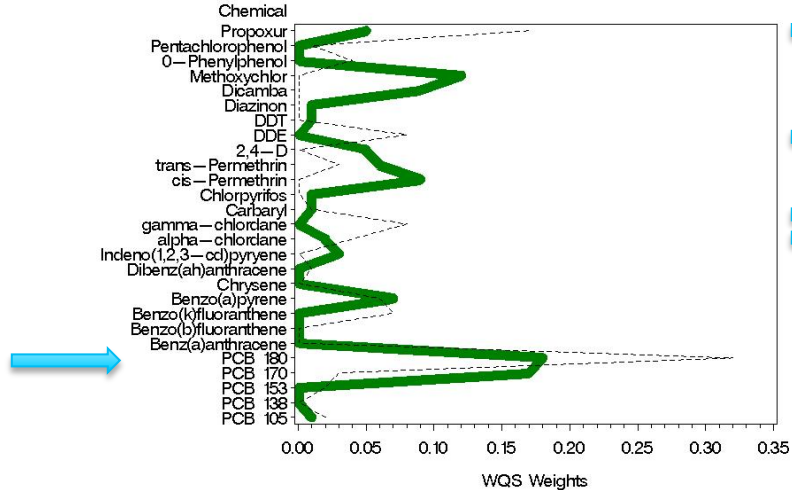
- Chemical concentrations quartiled using some imputation of analyte values (due to LOD, etc; Colt et al)
- Primary analysis based on one randomly selected imputation dataset
- B=100 bootstrap samples
- Due to the subset analyses, the data were not split as the estimated weights were not stable

**Table 2.** Associations between NHL and the weighted quantile sum regression index in the study population and in each study site.

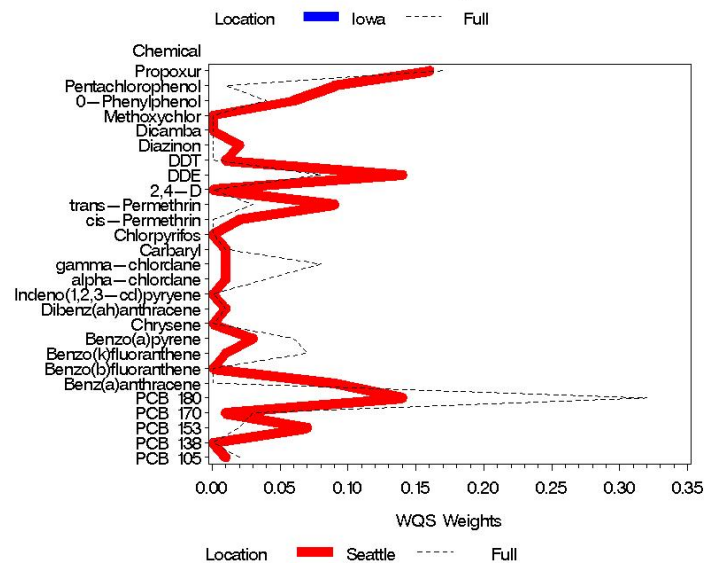
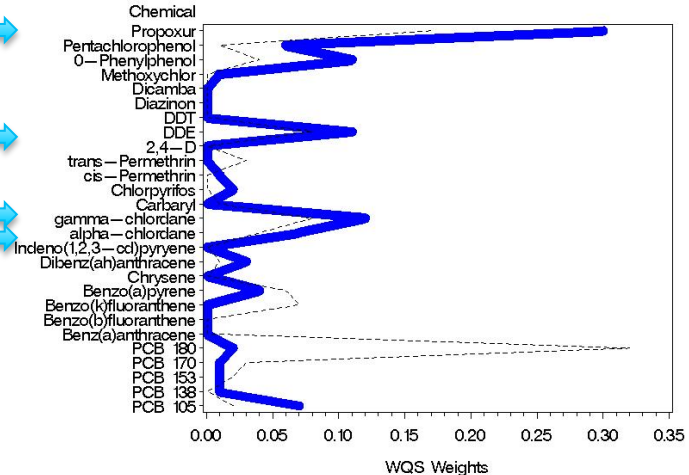
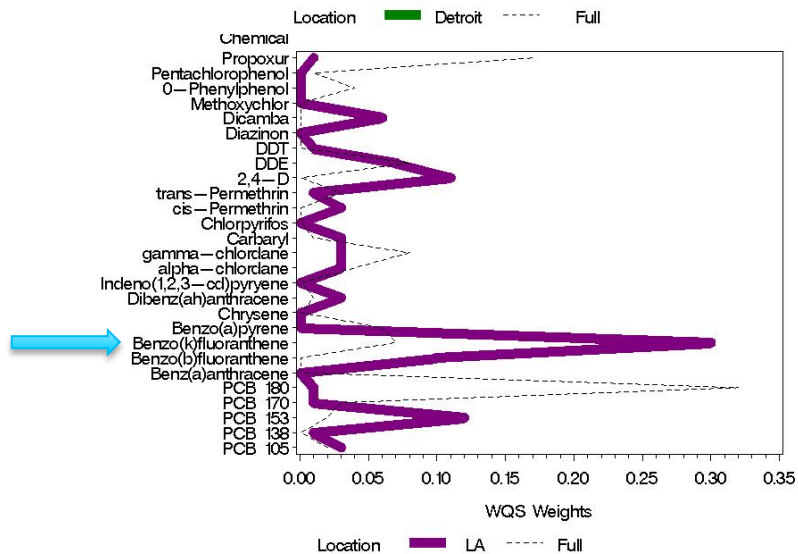
Parameter	<i>n</i>	OR <sup>a</sup> (95% CI)	<i>p</i> -Value
WQS <sub>F</sub>	1,180	1.30 (1.08, 1.56)	0.006
WQS <sub>D</sub>	202	1.71 (1.02, 2.92)	0.045
WQS <sub>I</sub>	340	1.76 (1.23, 2.53)	0.002
WQS <sub>L</sub>	292	1.44 (1.00, 2.08)	0.049
WQS <sub>S</sub>	346	1.39 (0.97, 1.99)	0.071

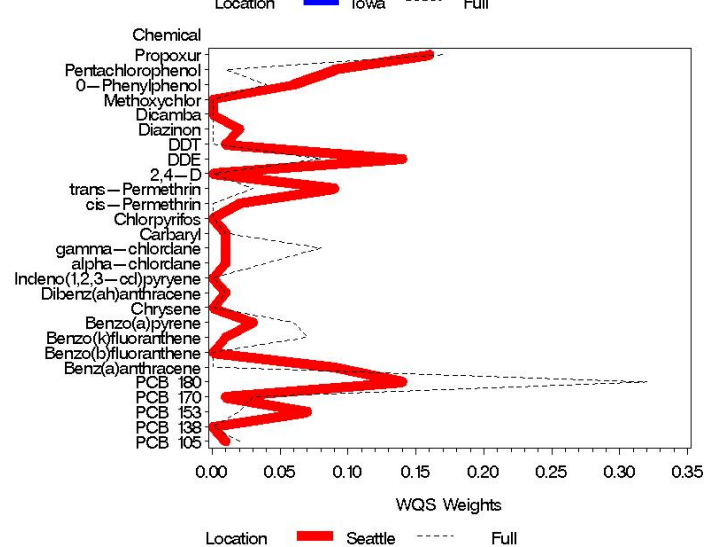
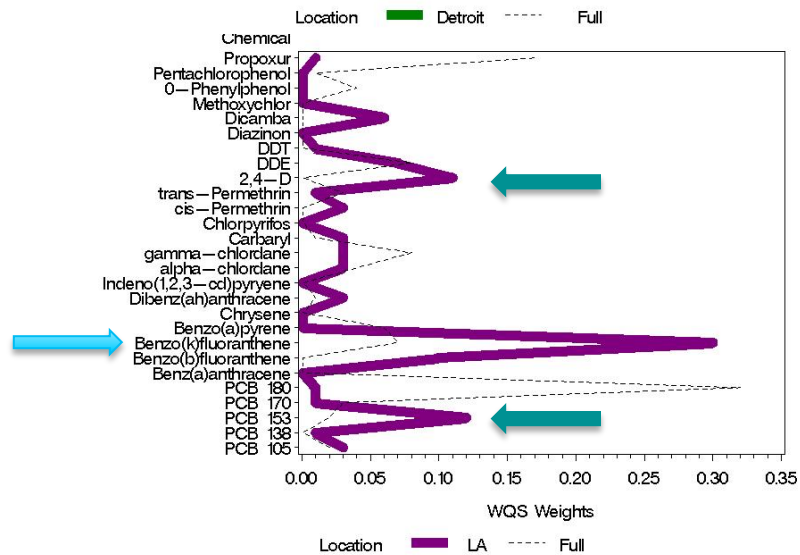
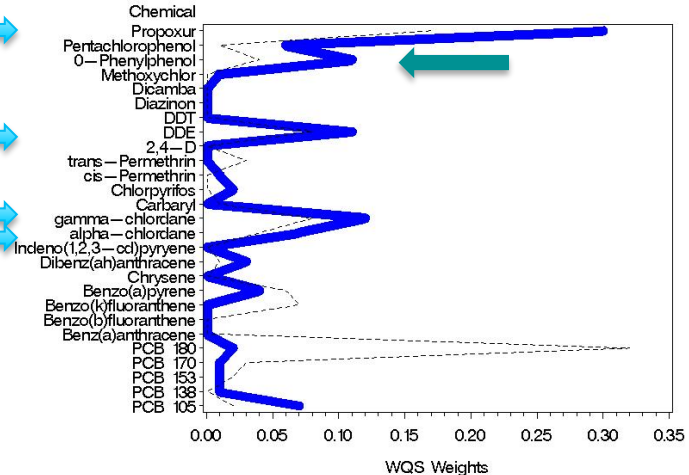
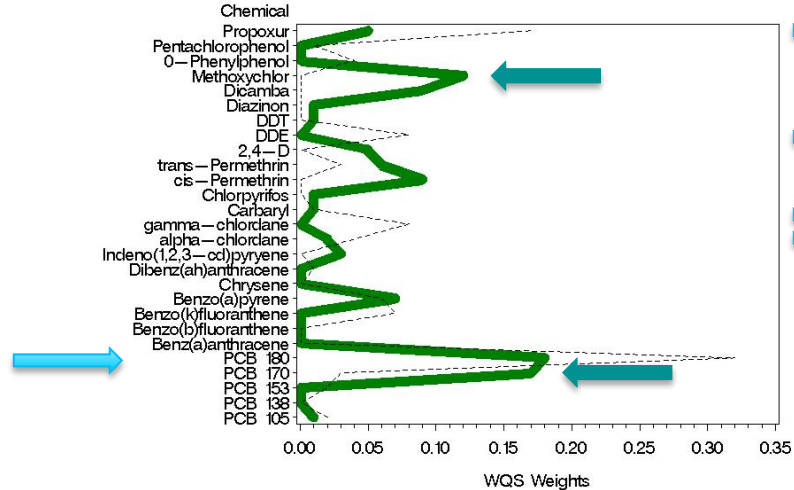
Abbreviations: WQS, weighted quantile sum index; F, full data set; D, Detroit; I, Iowa; L, Los Angeles; S, Seattle.

<sup>a</sup>Estimated ORs are associated with a unit increase in the WQS index. All models are adjusted for sex, race, education, and age. The model for the study population (i.e., the full data set) was also adjusted for study site.



Significant in single chemical analyses





Significant in single chemical analyses  
Not previously identified

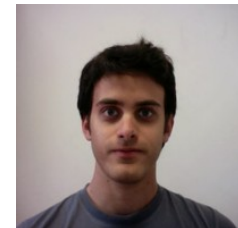
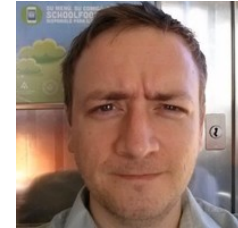
# Discussion

- ▶ We used WQS regression to model the association of a mix of 27 correlated environmental chemicals measured in house dust and risk of NHL in a case-control study of 4 study centers.
- ▶ We estimated weights associated with **increasing the risk of NHL**; constraints in the opposite direction are possible.
- ▶ The chemicals most heavily weighted in the site-specific mixture indices **varied by site**.
- ▶ In overall single chemical analyses, only PCB180 was significant and gamma-chlordane was marginally significant – indicating a **mixture effect** measured by the weighted index.
- ▶ Our findings also show that chemicals identified as important based on a site-specific WQS index may not be identified as important in an index derived from the full data set. Similarly, chemicals identified as important in the index developed from the full data set may not be identified as important in all site-specific indices.
  - These differences are due, in part, to different concentration ranges across sites and overall, to different sources of the chemicals across study sites, or differences in correlations with unmeasured exposures or other factors.
- ▶ Limitations:
  - the potential for exposure misclassification from the use of chemical concentrations in house dust as a measure of past exposures. But chemical concentrations in carpet dust may reflect integrated chemical exposure over the time.

# Acknowledgments –

“A team is what we need...”

- ❖ **Caroline Carrico, PhD, original bootstrap WQS regression (2014, JABES)**
- ❖ **Ghalib Bello, PhD, lagged WQS regression (2017, Env Res; recently revised Gennings et al, 2020 Env Res)**
- ❖ **Paul Curtin, PhD, Random subset WQS regression – rsWQS (2020, Comm and Stat)**
- ❖ **Eva Tanner, PhD, MPH, Repeated holdout validation (2019, Methods X)**
- ❖ **Stefano Renzetti, MSc, PhD candidate, R package for gWQS**
- ❖ **Elena Colicino, PhD, Bayesian WQS Regression - BWQS**



## Funding Sources:

T32ES0007334; R01ES028811; U2CES026555; P30ES023515